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The Ballet



Fairies

WRITTEN BY
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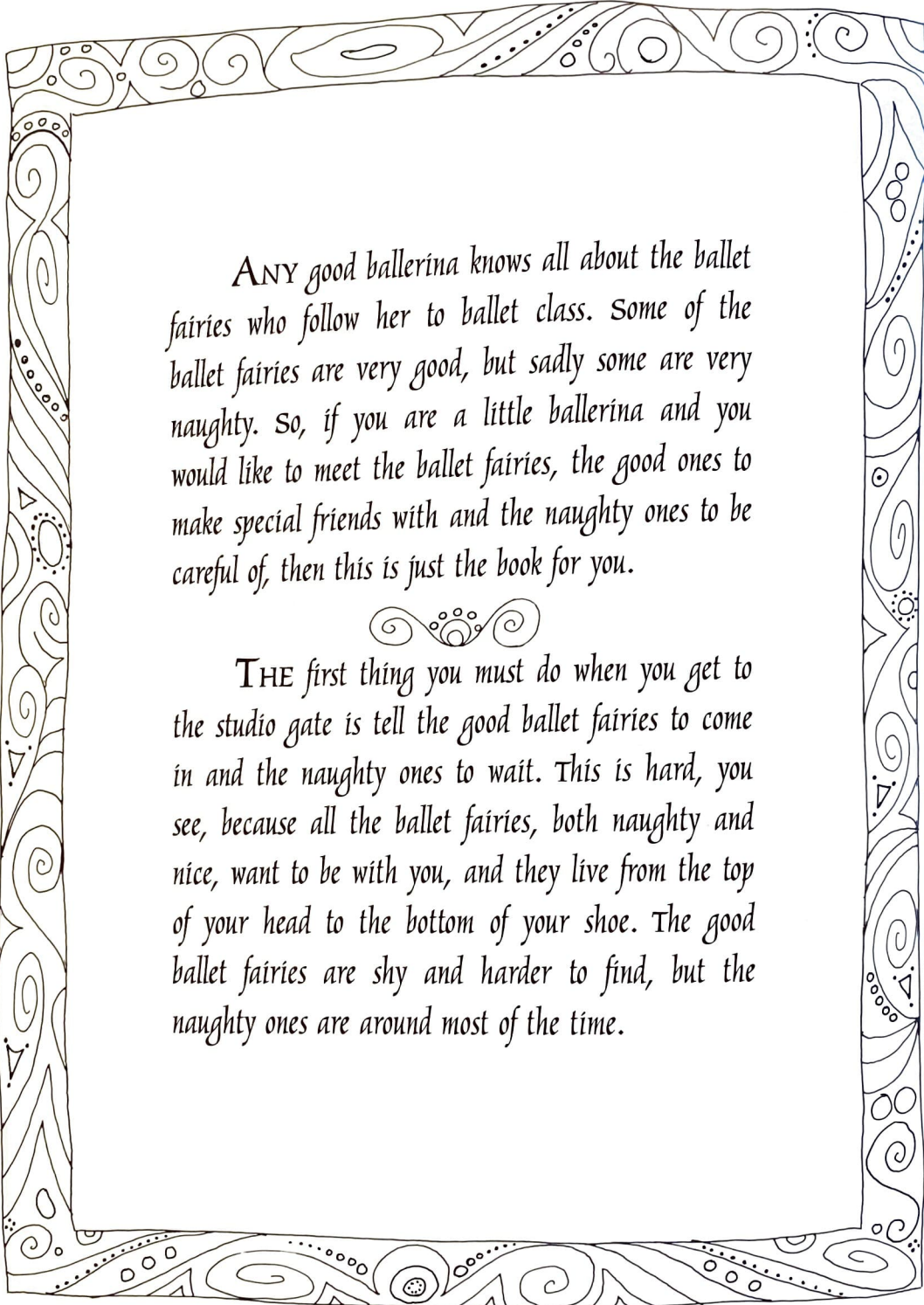
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The Ballet Fairies

a book to color with text by ERIN CERAGIOLI
and illustrations by MARY MANN

illustrations inspired by Katie Wilharm

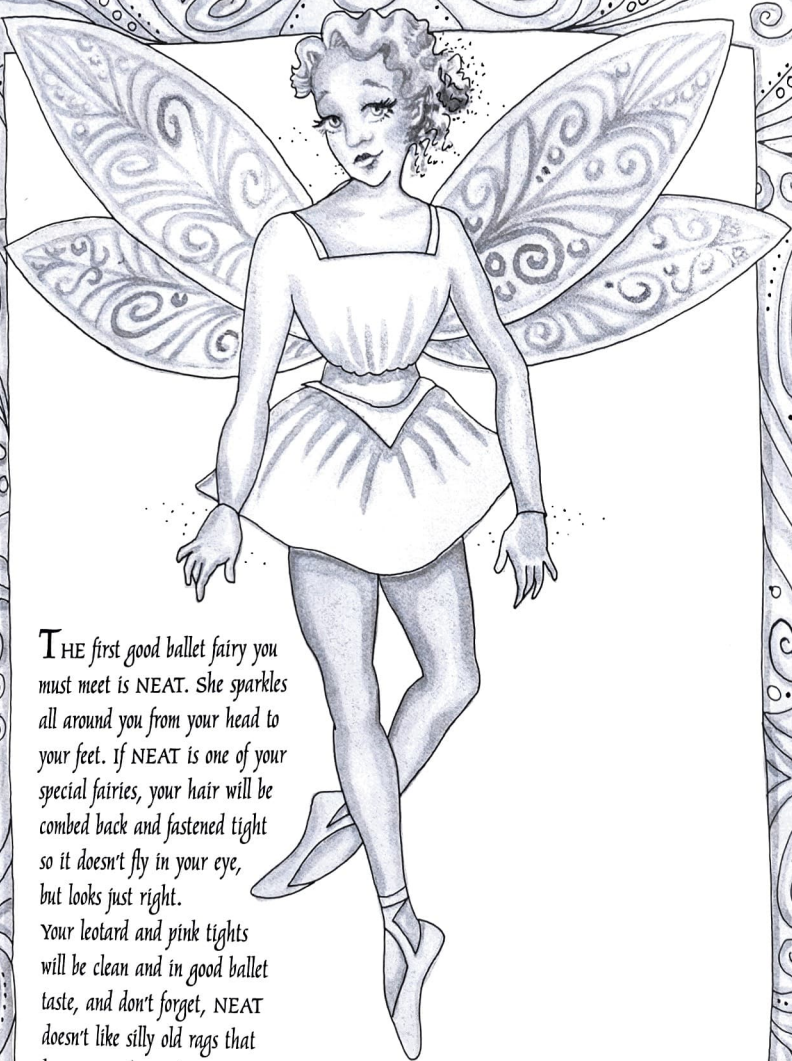


ANY good ballerina knows all about the ballet fairies who follow her to ballet class. Some of the ballet fairies are very good, but sadly some are very naughty. So, if you are a little ballerina and you would like to meet the ballet fairies, the good ones to make special friends with and the naughty ones to be careful of, then this is just the book for you.



THE first thing you must do when you get to the studio gate is tell the good ballet fairies to come in and the naughty ones to wait. This is hard, you see, because all the ballet fairies, both naughty and nice, want to be with you, and they live from the top of your head to the bottom of your shoe. The good ballet fairies are shy and harder to find, but the naughty ones are around most of the time.





THE first good ballet fairy you must meet is NEAT. She sparkles all around you from your head to your feet. If NEAT is one of your special fairies, your hair will be combed back and fastened tight so it doesn't fly in your eye, but looks just right. Your leotard and pink tights will be clean and in good ballet taste, and don't forget, NEAT doesn't like silly old rags that hang around your legs or your waist.

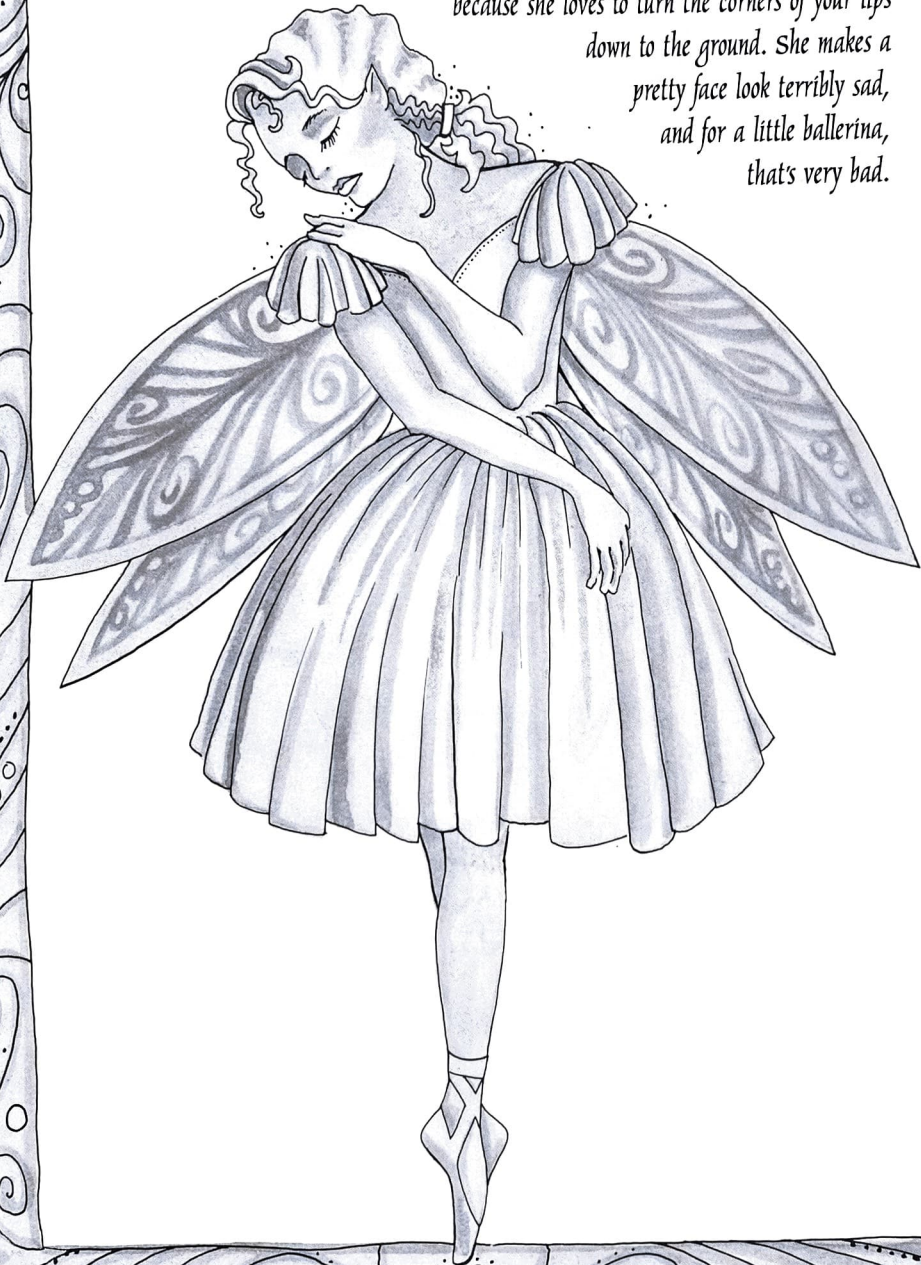


Focus is one of the
hardest good ballet fairies to find,
so you must think, think, think in your
mind about **FOCUS** all the time. **FOCUS**
tells your eyes and head where they should go,
and that is very important, as you know.



WHEN you pirouette, as you will learn, FOCUS' sister SPOT shows up to help you turn, but if you let your eyes wander around, the good ballet fairies FOCUS and SPOT can never be found.

ONE of the most awful ballet fairies I know is FROWN because she loves to turn the corners of your lips down to the ground. She makes a pretty face look terribly sad, and for a little ballerina, that's very bad.





FIVE of the nicest and most helpful ballet fairies that you will want to be special friends are **PULL-UP, STRETCH, LIFT, TIGHTEN, and SQUEEZE.** Sometimes called the "All-Over Fairies," they float from your chin to your chest, to your tummy, to your seat, to your thighs, and on down to your knees.



ALTHOUGH PULL-UP, STRETCH, LIFT,
TIGHTEN, and SQUEEZE are five nice and
helpful fairies, they can disappear quick as a sneeze.

So if you would like them to stay,
you must wish for them every single day.

ONE of the naughty ballet fairies who dislikes PULL-UP, STRETCH, LIFT, TIGHTEN, and SQUEEZE, is SAG, and she has a sister who lives in your heel named DRAG. SAG isn't very nice at all because she won't let you stand up straight and tall. She causes your tummy to hang way out and down, and pulls your chin towards the ground. Your ballet teacher will certainly frown, if you let SAG hang around!

SAG's sister DRAG is the laziest ballet fairy around,

because she lets your heels slither along the ground. DRAG is too lazy to pick up your feet, so as long as DRAG is around, you will never look neat.





Four of the naughtiest ballet fairies are **FLAP**, **DROOP**, **DANGLE**, and **SCOOP**.
They make your arms do silly things instead of looking like beautiful wings.
If you know **FLAP**, **DROOP**, **DANGLE** or **SCOOP**, tell them to
wait at the gate and after ballet class you'll meet them for soup.



Two ballet fairies that are always fighting are **POINT** & **PLOP**; really, they never stop. **POINT** loves to stretch your feet so they look sharp and neat, but **PLOP**, she likes to put your feet any old way, and that will never do. What do you say?

IF you jump high in the air and come down with a very loud bump, you will know that you have met the naughty ballet fairy named **THUMP**. If you want **THUMP** to be quiet, this is the way: land on your toes first, then roll down through the rest of your foot, and don't forget to plié.





Do you know TIP and TOE? They are the good ballet fairies who will make your walks and runs light and airy. How do you get TIP and TOE to show? First of all, you must stand up tall upon that part of your foot that's called the ball; then you must think just as hard as you can, "tip toe, tip toe, tip toe," and without a sound, off you'll go dancing with the good ballet fairies, TIP and TOE.



THE fairy to remember with all of your might, is the good ballet fairy, POLITE.
If on your shoulder rides POLITE, you will always listen and keep your lips closed tight.

Your eyes will be open wide, and you will never look bored by letting

DANGLE hang your arms at your side.

At the end of ballet class, if POLITE is not there,
curtsy nicely and remember to thank your ballet teacher,
and POLITE will instantly appear.

*So, if you are paying close attention,
You will hear your ballet teacher mention
each one of the ballet fairies, both naughty and nice;
Some days just once, but quite often twice.
The ballet fairies will be called out by name,
and you'll know the fairies in this book are just the same.*

*To be sure you don't forget, write down all their names and what they do.
This, I think, will be a great help to you.*

Good Ballet Fairies

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____

Naughty Ballet Fairies

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____

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